

Young Adult Self Report
Year 19
Fast Track Project Technical Report
José Miguel Sandoval
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Citation

Instrument

Achenbach, Thomas M., (1997). Manual for the young adult self-report and young adult behavior checklist, University of Vermont, Department of Psychiatry, Burlington, VT, (ISBN 0938565451).

Report

Sandoval, J. M. (2011) Young Adult Self Report (Fast Track Project Technical Report), Available from the Fast Track Project Web site, <http://www.fasttrackproject.org>

Data Sources

Raw: C19CA

Scored: YSR19

I. Survey Description

The Young Adult Self Report is a 132-item instrument based on Achenbach's 126 item measure. This measure was first added to the Fast Track Protocol in study year 19. This measure assesses multiple traits. The response options vary based on the type of question asked. The response "I prefer not to answer" is omitted from all tables. Most questions collected responses using three levels, namely "not true", "sometime true" and "often true". A different variation was used for 10 items, namely "never", "sometimes" and "often". The dichotomy "yes/no" is used in a single item.

There are 10 scales created and a Total Sum Score of Items in this measure reporting the following: Withdrawn Problem, Somatic Problem, Anxious/Depressed Problem, Internalizing, Intrusive Problems Problem, Thought Problems Problem, Attention Problems Problem, Delinquent Behavior Problem, Aggressive Behavior Problem, Externalizing and the Total Sum of items. In addition to these 10 scales another 10 variables are generated, corresponding to each scale, by computing t-scores using Achenbach's scoring protocol. The scores of these variables vary by gender.

II. Report Sample

These analyses were conducted on the first cohort on the high-risk control sample (n = 125) and the normative sample (n = 254) for the nineteenth year of the study. The distribution of respondents by site was as follows: for the control sample, 36 were from Durham, 26 were from Nashville, 36 were from Pennsylvania and 27 were from Washington. For the normative sample, 75 were from Durham, 47 were from Nashville, 73 were from Pennsylvania and 59 were from Washington.

III. Frequencies of Selected Variables

Tables 1.1 and 1.2 below, show counts of respondents who self-report various traits. The user is encouraged to test for association between these traits and sample group (control and normative).

Table 1.1

Frequency of Responses for Young Adult Self Report Variables

	High or low risk sample	
	HI	LO
Q3. I am too forgetful.		
Not true	42	91
Sometimes true	64	132
Often true	19	31
Q4. I make good use of my opportunities.		
Not true	4	5
Sometimes true	39	71
Often true	82	178
Q5. I argue a lot.		
Missing	1	.
Not true	46	95
Sometimes true	53	119
Often true	25	40
Q6. I work up to my ability.		
Missing	.	1
Not true	1	7
Sometimes true	30	45
Often true	94	201
Q7. I blame others for my problems.		
Missing	.	1
Not true	78	204
Sometimes true	40	45
Often true	7	4

Q8. I use drugs (other than alcohol and nicotine) for non-medical purposes.		
Missing	1	1
Not true	93	201
Sometimes true	24	39
Often true	7	13
Q9. I brag.		
Not true	55	155
Sometimes true	60	89
Often true	10	10
Q10. I have trouble concentrating or paying attention for long.		
Not true	45	111
Sometimes true	48	113
Often true	32	30
Q11. I can't get my mind off certain thoughts.		
Not true	27	55
Sometimes true	63	148
Often true	35	51
Q12. I have trouble sitting still.		
Not true	62	134
Sometimes true	41	85
Often true	22	35
Q13. I am too dependent on others.		
Not true	73	192
Sometimes true	45	53
Often true	7	9
Q14. I feel lonely.		
Not true	66	133
Sometimes true	37	93
Often true	22	28
Q15. I feel confused or in a fog.		
Not true	72	163
Sometimes true	43	76
Often true	10	15

Q16. I cry a lot.		
Not true	99	195
Sometimes true	23	45
Often true	3	14
Q17. I am pretty honest.		
Missing	.	1
Not true	5	5
Sometimes true	19	41
Often true	101	207
Q18. I am mean to others.		
Not true	73	187
Sometimes true	49	60
Often true	3	7
Q19. I daydream a lot.		
Not true	41	104
Sometimes true	61	119
Often true	23	31
Q20. I have deliberately tried to hurt or kill myself.		
Missing	4	6
Not true	114	235
Sometimes true	6	10
Often true	1	3
Q21. I try to get a lot of attention.		
Missing	1	1
Not true	86	195
Sometimes true	31	50
Often true	7	8
Q22. I damage or destroy my things.		
Missing	1	.
Not true	101	230
Sometimes true	19	21
Often true	4	3
Q23. I damage or destroy things belonging to others.		
Not true	108	239
Sometimes true	15	14
Often true	2	1

Q24. I worry about my future.		
Not true	21	31
Sometimes true	44	122
Often true	60	101
Q25. I break rules at work or elsewhere.		
Missing	.	1
Not true	86	197
Sometimes true	31	53
Often true	8	3
Q26. I don't eat as well as I should.		
Not true	36	73
Sometimes true	54	121
Often true	35	60
Q27. I don't get along with other people.		
Not true	75	191
Sometimes true	43	58
Often true	7	5
Q28. I feel guilty after I do something I shouldn't.		
Missing	.	2
Not true	24	36
Sometimes true	47	90
Often true	54	126
Q29. I am jealous of others.		
Not true	88	169
Sometimes true	32	79
Often true	5	6
Q30. I get along badly with my family.		
Not true	85	200
Sometimes true	30	45
Often true	10	9
Q31. I am afraid of certain animals, situations or places.		
Missing	.	1
Not true	71	126
Sometimes true	40	104
Often true	14	23

Q32. My relations with the opposite sex are poor.		
Missing	1	2
Not true	94	206
Sometimes true	17	35
Often true	13	11
Q33. I am afraid I might think or do something bad.		
Missing	1	.
Not true	87	204
Sometimes true	29	47
Often true	8	3
Q34. I feel that I have to be perfect.		
Not true	64	141
Sometimes true	40	84
Often true	21	29
Q35. I feel that no one loves me.		
Not true	94	213
Sometimes true	25	33
Often true	6	8
Q36. I feel that others are out to get me.		
Not true	86	209
Sometimes true	27	34
Often true	12	11
Q37. I feel worthless or inferior.		
Missing	.	1
Not true	93	199
Sometimes true	25	52
Often true	7	2
Q38. I accidentally get hurt a lot / I am accident-prone.		
Not true	90	195
Sometimes true	27	47
Often true	8	12
Q39. I get in many fights.		
Not true	101	238
Sometimes true	21	15
Often true	3	1

Q40. My relations with neighbors are poor.		
Missing	.	3
Not true	104	217
Sometimes true	14	31
Often true	7	3
Q41. I hang around people who get in trouble.		
Not true	85	194
Sometimes true	29	51
Often true	11	9
Q42. I hear sounds or voices that other people think aren't there.		
Missing	1	.
Not true	107	235
Sometimes true	12	17
Often true	5	2
Q43. I am impulsive or act without thinking.		
Not true	53	144
Sometimes true	61	98
Often true	11	12
Q44. I would rather be alone than with others.		
Not true	60	119
Sometimes true	52	119
Often true	13	16
Q45. I lie or cheat.		
Missing	.	1
Not true	78	195
Sometimes true	43	56
Often true	4	2
Q46. I feel overwhelmed by my responsibilities.		
Not true	43	98
Sometimes true	66	124
Often true	16	32
Q47. I am nervous or tense.		
Not true	70	117
Sometimes true	42	117
Often true	13	20

Q48. Parts of my body twitch or make nervous movements.		
Not true	80	184
Sometimes true	38	59
Often true	7	11
Q49. I lack self-confidence.		
Missing	.	1
Not true	72	146
Sometimes true	43	93
Often true	10	14
Q50. I am not liked by others.		
Missing	.	1
Not true	78	192
Sometimes true	39	51
Often true	8	10
Q51. I can do certain things better than other people.		
Not true	19	26
Sometimes true	70	170
Often true	36	58
Q52. I am too fearful or anxious.		
Not true	81	166
Sometimes true	30	78
Often true	14	10
Q53. I feel dizzy or lightheaded.		
Not true	88	171
Sometimes true	31	73
Often true	6	10
Q54. I often feel guilt.		
Missing	.	1
Not true	81	164
Sometimes true	35	76
Often true	9	13
Q55. I have trouble planning for the future.		
Missing	.	1
Not true	54	113
Sometimes true	43	108
Often true	28	32

Q56. I feel tired without good reason.		
Missing	1	1
Not true	70	138
Sometimes true	41	89
Often true	13	26
Q57. My moods swing between elation and depression.		
Missing	1	.
Not true	73	170
Sometimes true	35	69
Often true	16	15
Q58. a. Aches or pains (not stomachaches or headaches)		
Missing	.	1
Never	61	109
Sometimes	51	121
Often	13	23
Q59. b. Headaches		
Never	33	65
Sometimes	74	151
Often	18	38
Q60. c. Nausea / feel sick		
Missing	.	1
Never	71	152
Sometimes	47	88
Often	7	13
Q61. d. Problems with eyes (not corrected by glasses or contacts)		
Never	99	197
Sometimes	17	45
Often	9	12
Q62. e. Rashes or other skin problems		
Never	110	193
Sometimes	11	51
Often	4	10
Q63. f. Stomachaches		
Never	75	127
Sometimes	39	109
Often	11	18

Q64. g. Vomiting / throwing up		
Never	103	212
Sometimes	21	37
Often	1	5
Q65. h. Heart pounding or racing		
Never	83	169
Sometimes	40	73
Often	2	12
Q66. i. Numbness or tingling in body parts		
Missing	.	1
Never	90	166
Sometimes	31	78
Often	4	9
Q67. I physically attack people.		
Not true	106	244
Sometimes true	16	7
Often true	3	3
Q68. I pick my skin or other parts of my body.		
Not true	103	197
Sometimes true	17	45
Often true	5	12
Q69. I fail to finish things I should do.		
Not true	59	144
Sometimes true	51	92
Often true	15	18
Q70. There is very little that I enjoy.		
Not true	86	209
Sometimes true	34	38
Often true	5	7
Q71. My work performance is poor.		
Missing	.	1
Not true	101	235
Sometimes true	17	15
Often true	7	3

Q72. I am poorly coordinated or clumsy.		
Not true	101	199
Sometimes true	23	48
Often true	1	7
Q73. I would rather be with older people than with people of my own age.		
Missing	1	.
Not true	53	117
Sometimes true	43	90
Often true	28	47
Q74. I have trouble setting priorities.		
Missing	.	1
Not true	61	146
Sometimes true	51	93
Often true	13	14
Q75. I refuse to talk.		
Missing	.	1
Not true	85	193
Sometimes true	33	52
Often true	7	8
Q76. I repeat certain acts over and over.		
Missing	.	3
Not true	71	162
Sometimes true	44	73
Often true	10	16
Q77. I have trouble making or keeping friends.		
Not true	95	193
Sometimes true	24	50
Often true	6	11
Q78. I scream or yell a lot.		
Not true	89	186
Sometimes true	26	55
Often true	10	13
Q79. I am secretive or keep things to myself.		
Not true	44	90
Sometimes true	48	123
Often true	33	41

Q80. I see things that other people think aren't there.		
Not true	106	234
Sometimes true	16	16
Often true	3	4
Q81. I am self-conscious or easily embarrassed.		
Missing	.	1
Not true	71	129
Sometimes true	44	95
Often true	10	29
Q82. I worry about my family.		
Missing	.	1
Not true	19	45
Sometimes true	56	122
Often true	50	86
Q83. I meet my responsibilities to my family.		
Missing	.	3
Not true	14	19
Sometimes true	47	77
Often true	64	155
Q84. I show off or clown around		
Not true	42	119
Sometimes true	66	113
Often true	17	22
Q85. I am too shy or timid.		
Not true	77	146
Sometimes true	35	87
Often true	13	21
Q86. I like to engage in risky behavior.		
Missing	.	2
Not true	65	168
Sometimes true	46	71
Often true	14	13
Q87. I sleep more than most other people.		
Not true	81	171
Sometimes true	35	54
Often true	9	29

Q88. I have trouble making decisions.		
Not true	69	134
Sometimes true	46	104
Often true	10	16
Q89. I have a speech problem.		
Not true	99	225
Sometimes true	19	25
Often true	7	4
Q90. I stand up for my rights.		
Missing	.	1
Not true	9	10
Sometimes true	22	73
Often true	94	170
Q91. My behavior is very changeable.		
Not true	50	112
Sometimes true	54	110
Often true	21	32
Q92. I steal.		
Not true	110	236
Sometimes true	15	16
Often true	.	2
Q93. I am easily bored.		
Not true	39	83
Sometimes true	55	124
Often true	31	47
Q94. I do things that other people think are strange.		
Not true	62	138
Sometimes true	48	101
Often true	15	15
Q95. I have thoughts that other people would think are strange.		
Not true	72	155
Sometimes true	36	83
Often true	17	16

Q96. I am stubborn, sullen, or irritable.		
Not true	41	115
Sometimes true	66	110
Often true	18	29
Q97. My moods or feelings change suddenly.		
Not true	60	142
Sometimes true	42	89
Often true	23	23
Q98. I enjoy being with people.		
Not true	10	9
Sometimes true	47	71
Often true	68	174
Q99. I rush into things without considering the risks.		
Not true	54	141
Sometimes true	46	93
Often true	25	20
Q100. I drink too much alcohol or get drunk too frequently.		
Missing	.	1
Not true	88	218
Sometimes true	30	23
Often true	7	12
Q101. I think about killing myself.		
Missing	.	2
Not true	111	245
Sometimes true	12	5
Often true	2	2
Q102. I do things that may cause me trouble with the law.		
Missing	1	1
Not true	89	208
Sometimes true	29	38
Often true	6	7
Q103. I talk too much.		
Missing	1	.
Not true	61	134
Sometimes true	49	101
Often true	14	19

Q104. I tease others a lot.		
Missing	1	.
Not true	81	189
Sometimes true	40	59
Often true	3	6
Q105. I have a hot temper.		
Not true	46	141
Sometimes true	49	91
Often true	30	22
Q106. I think about sex too much.		
Missing	1	.
Not true	51	150
Sometimes true	47	65
Often true	26	39
Q107. I threaten to hurt other people.		
Not true	102	238
Sometimes true	20	13
Often true	3	3
Q108. I like to help others.		
Not true	6	5
Sometimes true	30	49
Often true	89	200
Q109. I dislike staying in one place for too long.		
Not true	40	81
Sometimes true	52	132
Often true	33	41
Q110. I have trouble sleeping.		
Not true	45	122
Sometimes true	55	94
Often true	25	38
Q111. I miss work even when I'm not sick or when I'm not on vacation.		
Missing	.	4
Not true	88	209
Sometimes true	27	36
Often true	10	5

Q112. I don't have much energy.		
Not true	74	134
Sometimes true	41	105
Often true	10	15
Q113. I am unhappy, sad, or depressed.		
Not true	65	157
Sometimes true	49	83
Often true	11	14
Q114. I am louder than others.		
Not true	72	160
Sometimes true	39	80
Often true	14	14
Q115. People think I am disorganized.		
Missing	1	.
Not true	70	183
Sometimes true	41	55
Often true	13	16
Q116. I try to be fair to others.		
Not true	5	9
Sometimes true	33	36
Often true	87	209
Q117. I feel that I can't succeed.		
Not true	70	159
Sometimes true	38	79
Often true	17	16
Q118. I tend to lose things.		
Not true	45	120
Sometimes true	63	113
Often true	17	21
Q119. I like to try new things.		
Not true	7	9
Sometimes true	52	105
Often true	66	140

Q120. I wish I were of the opposite sex.		
Not true	115	236
Sometimes true	7	17
Often true	3	1
Q121. I try not to get socially or romantically involved with others.		
Missing	.	3
Not true	78	162
Sometimes true	35	65
Often true	12	24
Q122. I worry a lot.		
Not true	41	97
Sometimes true	48	99
Often true	36	58
Q123. I worry about my relations with the opposite sex.		
Missing	.	1
Not true	70	133
Sometimes true	39	86
Often true	16	34
Q124. I fail to pay my debts or meet other financial responsibilities.		
Missing	.	2
Not true	77	156
Sometimes true	29	71
Often true	19	25
Q125. I feel restless or fidgety.		
Not true	55	146
Sometimes true	54	93
Often true	16	15
Q126. I get upset too easily.		
Missing	1	.
Not true	46	116
Sometimes true	57	106
Often true	21	32

Q127. I have trouble managing money or credit cards.		
Missing	1	1
Not true	61	137
Sometimes true	44	88
Often true	19	28
Q128. I am too impatient.		
Not true	43	96
Sometimes true	57	131
Often true	25	27
Q129. I am not good at details.		
Missing	.	1
Not true	69	168
Sometimes true	48	75
Often true	8	10
Q130. I drive too fast.		
Missing	.	2
Not true	50	126
Sometimes true	51	98
Often true	24	28
Q131. I tend to be late for appointments.		
Not true	80	177
Sometimes true	38	66
Often true	7	11
Q132. I have trouble keeping a job.		
Missing	1	3
Not true	95	218
Sometimes true	10	25
Often true	19	8
Q133. I am a happy person.		
Not true	6	14
Sometimes true	40	67
Often true	79	173

Q135. PAST 6 MONTHS, how frequently did you get drunk?		
Never	39	94
Less than once a month	33	75
1-4 times per month	36	63
1-6 times per week	7	18
(Almost)Every day/night week	8	3
I prefer not to answer	2	1
Q136. PAST 6 MONTHS, how frequently did you use drugs for non-medical purposes (incl marij, cocaine, and other drugs; not incl alcohol or nicotine)?		
Never	84	188
Less than once a month	11	19
1-4 times per month	11	17
1-6 times per week	4	10
(Almost)Every day/night week	12	17
I prefer not to answer	3	3
Q137. In the LAST 12 MONTHS, is there at least one person you would call your romantic partner?		
Yes	107	215
No	17	38
I prefer not to answer	1	1

Q134. PAST 6 MONTHS, how many TIMES PER DAY did you use tobacco (including smokeless tobacco)? 999=don't know		
Missing	.	1
0	45	137
1	8	12
2	9	6
3	9	10
4	3	12
5	4	13
6	4	5
7	3	6
8	1	6
9	.	1
10	14	19
11	1	1
12	2	.
13	1	.
14	1	.
15	3	8
16	1	.
18	.	2
20	11	10
21	.	1
25	1	.
30	1	2
35	.	1
40	2	.
50	1	.
63	.	1
Q137. In the LAST 12 MONTHS, is there at least one person you would call your romantic partner?		
Yes	107	215
No	17	38
I prefer not to answer	1	1

IV. Item Frequencies, Means and SDs

Table 2

Item Means and Standard Deviations for continuous variables

Group	N	Variable	Label	Mean	Std Dev
Control	125	c19ca134	PAST 6 MONTHS, how many TIMES PER DAY did you use tobacco (including smokeless tobacco)?	6.45	9.05
		YSR19WIT	YSR--Withdrawn Problem Yr19	3.60	3.00
		YSR19WIT_T	Withdrawn YSR t-score	56.61	8.19
		YSR19SOM	YSR--Somatic Problem Yr19	5.05	4.00
		YSR19SOM_T	Somatic complaints YSR t-score	58.74	8.46
		YSR19ANX	YSR--Anxious/Depressed Problem Yr19	9.67	7.25
		YSR19ANX_T	Anxious/depress YSR t-score	56.28	8.13
		YSR19INT	YSR--Internalizing Yr19	13.27	9.74
		YSR19INT_T	Internalizing YSR t-score	53.22	12.61
		YSR19TRU	YSR--Intrusive Problems Problem Yr19	3.58	2.71
		YSR19TRU_T	Intrusive problems YSR t-score	54.84	6.36
		YSR19THO	YSR--Thought Problems Problem Yr19	1.22	1.80
		YSR19THO_T	Thought problems YSR t-score	58.34	10.56
		YSR19ATT	YSR--Attention Problems Problem Yr19	4.53	3.10
		YSR19ATT_T	Attention problems YSR t-score	58.27	8.51
		YSR19DEL	YSR--Delinquent Behavior Problem Yr19	3.15	3.36
		YSR19DEL_T	Delinquent behavior YSR t-score	57.22	8.61
		YSR19AGG	YSR--Aggressive Behavior Problem Yr19	5.90	4.58
		YSR19AGG_T	Aggressive behavior YSR t-score	58.10	8.76
		YSR19EXT	YSR--Externalizing Yr19	12.62	9.44
YSR19EXT_T	Externalizing YSR t-score	55.31	11.97		
YSR19SUM	YSR--SUM Yr19	57.17	35.58		
YSR19SUM_T	YSR total score t-score	57.28	13.18		
Normative	254	c19ca134	PAST 6 MONTHS, how many TIMES PER DAY did you use tobacco (including smokeless tobacco)?	4.08	7.26
		YSR19WIT	YSR--Withdrawn Problem Yr19	3.20	2.59
		YSR19WIT_T	Withdrawn YSR t-score	55.64	7.16
		YSR19SOM	YSR--Somatic Problem Yr19	5.32	3.98
		YSR19SOM_T	Somatic complaints YSR t-score	58.34	7.98
		YSR19ANX	YSR--Anxious/Depressed Problem Yr19	8.81	6.33
		YSR19ANX_T	Anxious/depress YSR t-score	54.57	6.39
		YSR19INT	YSR--Internalizing Yr19	12.00	8.21
		YSR19INT_T	Internalizing YSR t-score	51.22	10.35
		YSR19TRU	YSR--Intrusive Problems Problem Yr19	2.71	2.24
		YSR19TRU_T	Intrusive problems YSR t-score	53.28	5.01
		YSR19THO	YSR--Thought Problems Problem Yr19	0.81	1.23
		YSR19THO_T	Thought problems YSR t-score	56.27	8.17
		YSR19ATT	YSR--Attention Problems Problem Yr19	3.42	2.41
		YSR19ATT_T	Attention problems YSR t-score	55.69	6.58
		YSR19DEL	YSR--Delinquent Behavior Problem Yr19	2.02	2.28
		YSR19DEL_T	Delinquent behavior YSR t-score	55.06	6.07
		YSR19AGG	YSR--Aggressive Behavior Problem Yr19	4.05	3.66
		YSR19AGG_T	Aggressive behavior YSR t-score	54.63	6.78
		YSR19EXT	YSR--Externalizing Yr19	8.78	6.80
YSR19EXT_T	Externalizing YSR t-score	51.09	10.11		
YSR19SUM	YSR--SUM Yr19	48.18	27.82		
YSR19SUM_T	YSR total score t-score	54.16	10.72		

V. Recommendations for Use

Achenbach (1997) recommends that raw scores be used in research. At the high end of the distribution, raw scores may be more precise and uniform than t-scores. In addition, on the behavior syndromes – but not the problems scales – below average t-scores have been truncated at 50. However, if sex differences are not controlled in statistical analyses, it may be preferable to use t-scores.